



SHIKHUMBA 4-IN-1 MARATHON 2022

ENTRY FORM 08 OCTOBER 2022

Event entering (Please tick)	<input type="checkbox"/> 42.2km	<input type="checkbox"/> 21.1km	<input type="checkbox"/> 10km	<input type="checkbox"/> 5km
------------------------------	---------------------------------	---------------------------------	-------------------------------	------------------------------

For office use only	
Race No.	Temp. Licence

Surname	<input type="text"/>	Initials	<input type="text"/>
---------	----------------------	----------	----------------------

First Name(s)	<input type="text"/>
---------------	----------------------

ID Number	<input type="text"/>	Nationality	<input type="text"/>
-----------	----------------------	-------------	----------------------

Gender (mark with an X)	<input type="checkbox"/> Male	<input type="checkbox"/> Female	Date of birth	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
-------------------------	-------------------------------	---------------------------------	---------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------

Tel/Cell No	<input type="text"/>	Emergency No	<input type="text"/>
-------------	----------------------	--------------	----------------------

Email Address	<input type="text"/>
---------------	----------------------

Emergency Name	<input type="text"/>
----------------	----------------------

Age on race day	<input type="text"/>	<input type="text"/>	Age Category	<input type="checkbox"/> Junior	<input type="checkbox"/> Open	<input type="checkbox"/> 40-49	<input type="checkbox"/> 50-59	<input type="checkbox"/> 60-69	<input type="checkbox"/> 70+
-----------------	----------------------	----------------------	--------------	---------------------------------	-------------------------------	--------------------------------	--------------------------------	--------------------------------	------------------------------

Do you belong to athletics club?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	If yes, complete the following:
Athletics club	<input type="text"/>		
Provincial License No.	<input type="text"/>	Province	<input type="text"/>
T-Shirt Size	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L <input type="checkbox"/> XL

Entry Fee (Tick applicable block)

42.2KM	R300-00
21.1km	R 250-00
10km	R 150.00
5km	R 100.00
Temporary License	R 40.00(10km,21.1km& 42.2km)
Total	R

Indemnity: I agree not to hold Limpopo Athletics, Shikhumba AC, sponsors and/or any other person assisting in the organization of the race liable for any injury or illness, damage or loss to my property which I may suffer directly or indirectly as a result of my participation in the race.

Participant Signature

Signature of parent or Guardian
(If athlete is younger than 18 years)

Date



RULES AND GENERAL INFORMATION

- Start time:** The 42.2 km will start at 5:30 both the 21.1 km and 10km will start at 6h00 while the 5km fun run will start 30 minutes later.
- Route:** All the races will use the same route. Any athlete found cutting corners or running outside demarcation areas, will face disqualification not only for prizes but also for all finishers' awards and placing in the final results.
- Entries:** Registration will open at 4h00 to 6h15 on race day (No free T-shirts, price will R150)
Athletes may register for the race at **Shikhumba Filling Station (Shikhumba Village)** before race date or online www.shikhumbamarathon.co.za.
Manual & online entries will be opening on 04 April 2022 and closing on 16 September 2022 (42.2km, first 100 will get Dri Fit golf shirts, 21.1km & 10km first 50 will get Dri-Fit shirts & 5km first 50 will get normal t-shirts).
- Entry fee is not refundable.
- Prize giving:** prize giving will commence at 10h00
- Age restriction:** 42.2 Km & 21.1 km (16 yrs & older), 10 km (15 yrs & older), 5 km (9 yrs & older)
- Age categories:** Athletes may only qualify in the category in which they entered plus the open category. All age category runners including juniors must wear the relevant age category tags clearly visible on the front and back of their vests (upper body clothing), in order to qualify for awards. Proof of age will be required for age category prizes.
- All fun run participants will be eligible for lucky draw prizes.
- In order to claim your prize you shall prove your identity by means of ID or passport.
- All athletes indemnify the national and provincial sponsors as well as race organizers of the competition against claims of whatsoever nature which may arise due to participation in the competition. Athletes participate in their own risk.
- Foreign athletes participating in the competition shall comply with IAAF Rule 4.
- No lap tops, headphones or portable radios are allowed to be used (IAAF Rule 144.2)
- The race will be run according to the rules of IAAF, ASA and Limpopo Athletics.
- All traffic and race officials shall be obeyed at all time (ASA Rule 21.4).
- Athletes are not permitted to run with animals (ASA Rule 21.4.1).
- Athletes do not need to belong to a club to participate in the race; temporary license will be used in an event where an athlete does not have a permanent licence.
- All runners must have race numbers in front and a temporary/permanent license number at the back of the running vest.
- The race organizers reserve the right to accept or reject an entry.
- For more information contact: Sambo Amos (Cell No.072 7316225) Jeff Cell(No:083 208 4118)

Venue : Shikhumba Village (ward 22) @ Greater Giyani Municipality

Race start and Finish @ Shikhumba Filling Station.

Entry Fee:

5km	:	R100.00
10km	:	R150.00
21km	:	R250.00
42.2KM	:	R300.00

Temporary licences available R40.00 (10km, 21.1km & 42.2km)

Banking Details:

Account No: 2012275575, Nedbank, Branch Code: 13484900
Account Holder: Shikhumba Marathon Athletic Club
Reference: Surname & Name of Athlete
 Send entries together with proof of payment to WhatsApp: 076 989 5893 or Email address: shikhumbamarathon@gmail.com

PRIZES MONEY

Position	21.1 KM (Male & Female)						10 KM (Male & Female)					
	Open	Junior	Veteran	Master	Grand	G Grand	Open	Junior	Veteran	Master	Grand	G Grand
		Younger than 20 yrs	40-49 yrs	50-59 yrs	Master			younger than 20 yrs	40-49 yrs	50-59 yrs	Master	
					60-69 yrs	70 yrs +				60-69 yrs	70 yrs +	
1.	R2000	R700	R400	R400	R400	R400	R1200	R500	R300	R300	R300	R300
2.	R1000	R300	R300	R300	R300	R200	R600	R300	R200	R200	R200	
3.	R400						R300					

Position	42.2km Male & Female					
	Open	Junior	Veteran	Master	Grand	G Grand
		-	40-49 yrs	50-59 yrs	60-69 yrs	70 yrs +
1	R5000		R600	R600	R600	R600
2	R2500		R300	R300	R300	R300
3	R2000					

Comrades Qualifier

SHIKHUMBA 4-IN-1 MARATHON 2022 sponsored by Shikhumba Filling Station, Genesis Emergency Medical Management, Gijas Home Improvement Centre & aQuelle

Presents by SHIKHUMBA AC

